

HIGH SCHOOL TRAINING PRESENTED BY THE NYRR GUIDELINES



TRAINING SESSIONS:

High school teams may use the Armory for training purposes November 16, 2010 to April 14, 2011

Fees:

For high school teams there is a seasonal fee of \$850.00 per school. **A school may sign up as many students as they wish with no additional fee, a change from last year's policy** made possible by a generous grant from the **New York Road Runners**.

ID System

All previous year's IDs should be discarded. All athletes will be given new IDs upon registration. These IDs must be shown by the athletes in order to gain entrance to the Armory. **Please note, we need your help with this.** The ID system is a security system as well as a way to document our traffic to our sponsors. The IDs are non transferable. The Armory ID will need to be shown with a school ID, so please help us with this new system by alerting your team members to carry both IDs, and have them ready to show at the front door of the Armory.

Each high school team will be entitled to use the facility for two sessions per week, during the season. Training sessions will be Tuesdays and Thursdays from 2:30pm – 7pm, except for the blocked-out dates listed below.

Blocked-out Dates: HIGH SCHOOL 2010-2011

Month	Date	Practice Changes
November 2010		
	Thursday [Thanksgiving]	Armory Closed
December 2010		
	Tuesday 28 th	Practice begins at 7pm
	Thursday, 30 th	Practice begins at 7pm
March 2011	Tuesday 1 st	No practice
	Tuesday 22 nd	No practice

**2010 – 2011 HIGH SCHOOL TRAINING
PRESENTED BY THE NYRR
CONTRACT FOR USE OF
The New Balance TRACK & FIELD CENTER at the Armory
216 Ft. Washington Ave.
New York, NY 10032**

Agreement dated as of _____ between **The Armory Foundation**, (hereinafter referred to as “Armory”), a not-for-profit institution, and _____ (hereinafter referred to as (“The Organization”) – *which is a high school track team* - agree as follows:

- I. The Organization agrees to abide by and obey all the Armory rules, fee structure, and regulations while at the New Balance Track and Field Center at the Armory. (hereinafter referred to as the “Armory”).
- II. Prior to The Organization entering or using the Armory The Organization will obtain and exhibit to the Armory, comprehensive general liability insurance with limits of not less than one million dollars per individual and two million dollars in the aggregate per occurrence for personal injury, and one million dollars for property damage which insurance shall be for the benefit of both The Organization and the Armory.
- III. The Organization agrees to indemnify and hold the Armory, its trustees, officers, employees and agents, and the City of New York and the State of New York harmless from any all claims, suits, demands, actions or liabilities, including but not limited to, collection fees, attorneys fees and court costs resulting, directly or indirectly, from any act or omission of The Organization, its agents or employees.
- IV. **USE OF THE FACILITY:** The Armory agrees to allow the organization / high school track team to use the facility at the following times:

Days: Tuesday/Thursday 2:30pm – 7pm

Practice starting date: November 16, 2010

Practice ending date: April 14, 2011

The Armory reserves the right to limit the number and size of school and club teams if overcrowding becomes a problem. The Armory also reserves the right to close the facility at any time for emergency maintenance.

FEES: The Organization agrees to pay The Armory a fee of **\$850** which will cover the team for Armory usage for the entire 2010-2011 indoor track season. Each team may sign up as many students as they wish with no additional fee.

THE ARMORY URGES INDIVIDUALS and COACHES TO CHECK THE WEBSITE WEEKLY FOR ADDITIONAL CLOSED DATES WHICH MAY COME UP SUDDENLY DUE TO UN-PLANNED CIRCUMSTANCES.

www.armorytrack.com

ARMORY FOUNDATION

By: Derrick Adkins

Title: Director of Track and Field

Signature _____

Date _____

Organization/High School
Coach
Coach Home Phone
Coach Work Phone
Coach Cell Phone
Coach E-Mail:

Coach's Signature

Date

ARMORY HIGH SCHOOL TRAINING RULES

1. No Athlete will be allowed above the first floor without showing the appropriate ID at the front desk.
2. All athletes must be properly attired at all times while in the Armory. Proper attire consists of shorts and t-shirt or singlet or one piece speed suit. Shoes must have a rubber bottom and no spikes. **No plastic bottoms are allowed in practice.**
3. The use of spikes is a sanctionable offense which can result in suspensions to athletes and teams. Multiple offenses may result in suspensions ranging in length from six weeks to the balance of the season.
4. Visitors and spectators will not be allowed on the track floor, and will not be permitted into the facility without prior approval from the track office.
5. These general rules are in addition to the more specific rules posted on the Armory track floor at all times. Coaches and athletes will be responsible for following all of the rules of Armory staff.
6. While it is not the intention of the Armory Foundation to inconvenience any individual or team, we must ensure that no one is inconvenienced or endangered by the behavior and one person or group.
7. Athletes, Coaches and Club Reps must read and sign the foregoing, as acknowledgement and acceptance of all rules outlined.

Coach

High School Team