

**Armory Youth, Open, Masters Holiday Classic**  
**December 28, 2010**



**Youth Section 1:00PM – 6:30PM**

\$15 per athlete covers three events maximum per athlete. **ALL payments must be made on the day of competition. NO exceptions.**

Registration opens at 11:30AM. No pre-registration. Only same-day registration. Only ¼ inch spikes or shorter.

Medals will be awarded to the top three in each event, in each age-group.

**1:00PM      Running Events**

1500m run (midget and up)  
55m hurdles (midget and up)(FINAL ON TIME)  
55 dash (TOP EIGHT TO FINALS)  
4 x 200m relay  
55 meter (finals)  
400m dash  
800m run  
200m dash finals

**1:00PM      Field Events (Midgets and Up)**

LONG JUMP  
SHOT PUT  
TRIPLE JUMP (3:00PM or after the conclusion of the Long Jump)  
(Midget and Up)  
HIGH JUMP (3:00PM or after the conclusion of the 55 meter finals)

- Age groups combined in some events if the entry warrants.
- Hurdle heights and implement weights according to the USATF rules
- High Jump will start at a low height and move upward; bar will not be lowered after event begins

**RULES**

In accordance with USATF 2010 Competition Rule Book. Only competing athletes will be permitted on the track or infield area, except for medical emergencies

Female athletes 14 and over are eligible to compete in the Open Division.  
Male athletes 16 and over are eligible to compete in the Open Division

**Open/Masters Section 6:00PM – 10:30PM** (registration opens at 4:30PM)  
\$25 per athlete for unlimited events - No pre-registration - Only same-day registration -  
Only ¼ inch spikes allowed or shorter. **ALL payments must be made on the day of competition. NO exceptions.**

Medals will be awarded to the top three in each event, in each age-group. Masters events will be contested in ten-year age groups.

**6:00pm      Running Events (Women first Men to follow)**  
3000m Racewalk (W/M)  
60m hurdles Open – W (ALL HURDLES – FINAL ON TIME)  
60m hurdles Masters - W  
60m hurdles Open - M  
60m hurdles Masters - M  
60m Open - W  
60m Masters - W  
60m Open - M  
60m Masters - M  
60m Finals Open - W  
60m Finals Open - M  
60m Finals Masters - W  
60m Finals Masters - M  
400m Open – W/M  
400m Masters – W/M  
800m Open – W/M  
800m Masters – W/M  
200m Open – W/M  
200m Masters – W/M  
3000m Open/Masters – W  
3000m Open/Masters – M  
1500m Open – W/M  
1500m Masters – W/M  
4X400m Relay – W  
4X400m Relay - M

Age groups combined in some events if the entry warrants - Hurdle heights and implement weights according to the USATF rules

**6:00pm      Field Events:**  
Weight Throw – Shot Put (to follow)  
Pole Vault  
Long Jump – Triple Jump (to follow)  
High Jump (following the 60m Finals)

High Jump and Pole Vault will start at a low height and move upward - Bar will not be lowered after event begins